

STARTERS

Korean BBQ Pork Belly Bites	£9.95
Crispy Korean-glazed pork belly bites, tossed in a sticky gochujang sauce, served with a fresh cucumber & carrot salad, spring onion, sesame seeds & Korean BBQ dipping sauce.	
Hot Honey Chicken Strips	£8.50
Served with confit garlic aioli & a dressed side salad.	
Salt & Pepper Calamari	£8.95
Crispy squid pieces, dressed salad & sweet chilli sauce.	
Garlic Mushrooms (v)	£7.95
Sliced portobello mushrooms, sauteed in garlic butter, finished with cream & parsley, served on toasted ciabatta.	
Bread & Olives (v)	£7.50
Mixed marinated olives, fresh rocket, hummus, olive oil, balsamic dip & warm ciabatta.	

MAINS

Korean BBQ Pork Belly Bites	£14.50
Crispy Korean-glazed pork belly bites, tossed in a sticky gochujang sauce, served with a fresh cucumber & carrot salad, spring onion, sesame seeds & Korean BBQ dipping sauce. Served with chips.	
Beer Battered Fish & Chips (gfo)	£15.95
Served with garden or mushy peas, tartare sauce & chips	
Wholetail Scampi	£14.95
Served with garden or mushy peas, tartare sauce & chips	
Ham, Egg & Chips (gf)	£13.50
Thick cut ham, free range eggs, chips & garden peas	
The Dolphin Smash Burger	£13.95/£15.95
3oz smash patty, toasted brioche bun, chef's burger sauce, baby gem lettuce, streaky bacon, Monterey Jack cheese, chips & spring onion coleslaw. Double up for £15.95.	
Hot Honey Chicken Burger	£14.95
Crispy fried chicken breast, glazed in sweet hot honey, toasted brioche bun, confit garlic aioli, pickled red onion & baby gem. Served with skin-on chips & spring onion coleslaw.	
10oz Gammon Steak (gfo)	£18.50
Served with egg & pineapple, skin-on chips, on-the-vine cherry tomatoes & garden peas.	
8oz Sirloin Steak (gfo)	£22
Served with portobello mushroom, cherry on-the-vine tomatoes, skin-on chips & crispy onions. Check our sides for steak sauces.	
Chef's Beef Lasagne	Sml £11.50 · Reg £16
Served with garlic bread or chips & a dressed salad.	
Mediterranean Vegetable Lasagne (v)	Sml £11 · Reg £15.50
Served with garlic bread or chips & a dressed salad.	
Oriental Chickpea & Lentil Burger (vgn)	£15.50
Spiced chickpea & lentil patty, mango aioli, pickled red onion, baby gem & cucumber ribbons in a toasted vegan brioche bun. Served with skin-on chips.	

SIDES

Chips (gf)	£4	Garlic Bread	£3.50
Cheesy Chips (gf)	£5	Cheesy Garlic Bread	£3.50
Onion Rings	£4	Peppercorn Sauce (gf)	£3.50
Dressed Salad (gf)	£2.50	Blue Cheese Sauce (gf)	£3.50

Ask to see our Specials Board

If you have a food allergy or intolerance, please let us know before you order.
(gf) Gluten Free · (gfo) Gluten Free Option Available · (v) Vegetarian · (vgn) Vegan

SMALL BITES

Korean BBQ Pork Belly Bites	£9.95
Crispy Korean-glazed pork belly bites, sticky gochujang sauce, cucumber & carrot salad, spring onion, sesame seeds & Korean BBQ dipping sauce.	
Hot Honey Chicken Strips	£8.50
Served with confit garlic aioli & a dressed side salad.	
Salt & Pepper Calamari	£8.95
Crispy squid pieces, dressed salad & sweet chilli sauce.	
Bread & Olives (v)	£7.50
Mixed marinated olives, fresh rocket, hummus, olive oil, balsamic dip & warm ciabatta.	

CIABATTAS

Served with crisps & coleslaw — upgrade to chips £2

Brie & Cranberry (v)	£8.50
Melted brie, cranberry sauce & rocket. Add bacon +£1.50.	
Steak & Cheese	£12.50
4oz sirloin steak cooked medium, mature cheddar or stilton, fresh rocket & crispy onions.	
Prawn & Marie Rose	£10.50
Prawns mixed with marie rose on a bed of crispy baby gem lettuce.	

SALADS

House Salad (v)	£10.75
Balsamic dressing, olives, cucumber ribbons, carrot, pickled onion, cherry tomatoes & coleslaw.	
Chicken Caesar Salad	£14.75
Grilled chicken breast, romaine lettuce, smoked streaky bacon, shaved parmesan, garlic croutons & caesar dressing.	
Prawn & Marie Rose	£14.25
Our house salad topped with Atlantic prawns & drizzled with marie rose dressing.	

MAINS

Beer Battered Fish & Chips	£12.50/£15.95
Served with garden or mushy peas & tartare sauce.	
Wholetail Scampi	£11.50/£14.95
Served with garden or mushy peas & tartare sauce.	
Ham, Egg & Chips (gf)	£10/£13.50
Thick cut ham, free range eggs, chips & garden peas.	
Chef's Beef Lasagne	£11.50/£16
Served with garlic bread or chips & a dressed salad.	
Mediterranean Vegetable Lasagne (v)	£11/£15.50
Served with garlic bread or chips & a dressed salad.	
The Dolphin Smash Burger	£13.95/£15.95
3oz smash patty, toasted brioche bun, chef's burger sauce, baby gem lettuce, streaky bacon, Monterey Jack cheese, chips & spring onion coleslaw. Double up for £15.95.	
Oriental Chickpea & Lentil Burger (vgn)	£15.50
Spiced chickpea & lentil patty, mango aioli, pickled red onion, baby gem & cucumber ribbons in a toasted vegan brioche bun. Served with skin-on chips.	

SIDES

Chips (gf)	£4	Garlic Bread	£3.50
Cheesy Chips (gf)	£5	Cheesy Garlic Bread	£3.50
Onion Rings	£4	Peppercorn Sauce (gf)	£3.50
Dressed Salad (gf)	£2.50	Blue Cheese Sauce (gf)	£3.50

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DOLPHIN

INN AT GRAMPOUND

DESSERTS

Apple & Berry Crumble £5.95

Served with ice cream or custard

Sticky Toffee Pudding £5.95

Served with ice cream or custard

Biscoff Cheesecake £5.95

Salted caramel drizzle & vanilla ice cream

Chocolate Fudge Brownie £5.95

Served with fresh strawberries & vanilla ice cream

Dark Chocolate & Mint Torte £5.95

Chocolate sauce & vanilla ice cream

Ask to see our full menu

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KIDS MENU

Pasta Bolognese	£7.50
<i>Served with garlic bread</i>	
Battered Chicken Chunks	£7.50
<i>With Chips & Beans OR Peas</i>	
3oz Cheeseburger	£7.50
<i>With Chips & Beans OR Peas</i>	
Scampi	£7.50
<i>5 scampi pieces, served with chips & your choice of Beans OR Peas</i>	
Fish Bites	£7.50
<i>With Chips & Beans OR Peas</i>	
Sausages	£7.50
<i>2 pork sausages, served with chips & your choice of Beans OR Peas</i>	

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